



“The Healing of Cassandra”

by
Maxine Aston

Friday 16th & Saturday 17th April 2009

The Village Hotel & Leisure

Dolomite Avenue, Coventry Business Park, Coventry, CV4 9GZ
024 7671 9000

The two days will be an interactive workshop for women who either have a partner or a parent who have been diagnosed with, or suspected of being affected by, **Asperger Syndrome**: to include PowerPoint presentations, role playing, instructive exercises, practical information, advice, personal exploration, and more.

Irrespective of whether you're still with your AS partner or not - this workshop will be an inspiration to the rest of your life. The weekend is all about learning from Maxine's vast experience, meeting and sharing with other women in a similar situation, and about making space for "you".

Each day starts at 10am (refreshments will be available from 9.30am) and there will be a 45 minute break for lunch.

On Friday there will be two short refreshment breaks before and after lunch and the day will close at 4.30pm.

On Saturday there will be one short refreshment break before lunch and the day will close at 3pm.

The cost per person is **£150**, to include refreshments; lunch on each day will be entire your choice as the Village has an excellent restaurant.

Overleaf is the workshop programme with some of the issues Maxine will be addressing. Please complete the second page and, with your remittance for the weekend made to Maxine Aston, return it to the address below.

If you've lived with Asperger syndrome then this is a workshop you can not afford to miss. Please review the feedback from the last two workshops at www.maxineaston.co.uk/HoC/



Maxine Aston

MSc. Health Psychology
Counsellor • CC Cert. Relate • C&G 7407 Further Education
Diploma in Casework Supervision • E.M.D.R. Practitioner

The Park Counselling Centre
31 Park Road • Coventry • CV1 2LE
024 7622 4422
www.maxineaston.co.uk • as@maxineaston.co.uk



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Workshop Programme

Coming to Terms – Why?
Atraction – Parent or Partner?
Sorrow and Loss.
Self Worth & Self Esteem.
Assessing C.A.D. – Am I?
Nneeds – Mine and Others.
Determining Self Potential.
Rights – What Are They?
A Life After – With AS?



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Name: _____ My badge should read: _____

Tel: _____ Email Address: _____

Address: _____

Which of the following is appropriate for contacting you (please tick):

Telephone message? A letter? An email? A text message?

I have the following disabilities that might make the workshop difficult for me:

Are you aware of any immediate relatives or an intimate partner being affected by AS?
Please be specific

Do you feel you may be affected by an ASD (Autistic Spectrum Disorder) or have traits of an ASD?

What is your reason for attending the workshop? _____

What hopes or expectations do you have of this workshop? _____

Please note: The aim of this workshop is to increase awareness of: how living with, or loving someone affected by Asperger Syndrome can affect your mental and physical health; how important it is for you to be you, giving time to you and not being a reflection of the person you live with or love. This workshop is **not** about individual counselling or therapy but rather about group support and group interaction.



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