

Maxine Aston MSc

Making Difference Work



The Other Half of Asperger Syndrome Workshop

Friday 28th February 2020

The Other Half of Asperger Syndrome is the new Healing of Cassandra workshop and is for those who are in a relationship with a partner affected by Asperger syndrome. This is regardless of whether the relationship is hetero-sexual or homosexual. The one day workshop will cover issues such as choice, control, self-care, realistic expectations and mindfulness.

- ✓ The aim of the workshop is to increase understanding and a sense of self and to offer the opportunity to meet others who are in a similar situation.
- ✓ Restore equilibrium and put the balance back into to your life.
- ✓ Feel stronger in your relationship, build your self-esteem.
- ✓ You are not alone! Restore a sense of belonging and feel understood. Remove the feelings of loneliness as the group bonds together. Due to the importance of this bonding, the workshop is for the non-AS partner only.

Lunch and refreshments are provided throughout the day. Free parking is available at the Village hotel.

Venue: The Village Hotel & Leisure, Coventry **ROOM DISCOUNT AVAILABLE!**
Website: <https://www.village-hotels.co.uk/hotels/coventry/>

Time: 10.00am to 4.30pm **Fee:** £130.00

How to book:

Please visit Maxine Aston's website for further details and a Booking Form: www.maxineaston.co.uk. Payment must be included with your returned Booking Form to confirm your place.

For further information, please contact: Park Counselling Centre
31 Park Road, Coventry, CV1 2LE Tel: 024 76224422.
Email: parkcounsellingcentre@gmail.com